

Small Group Circle Conversation

Think about a time when race had an impact on your life. Remember that experience for a moment. Now sit silently for a one more minute or so, eyes closed or gazing downward. Who was involved? Friends, family, or strangers? Was this a public or private event? Notice what's going on inside you. In your body, mind, heart, spirit.

(People could make notes on index cards for this reflection and write what you notice— words, phrases, images to reflect the feelings you notice.)

QUESTION ROUND One: (pick one)

- Tell us about the experience. How do you feel when you remember that experience: How do your mind, body, heart, and spirit feel? If you'd like, share what you've written.
- What is the hardest thing about talking about race?

QUESTION ROUND Two: (pick one)

- Do you have conversations about race at your work or school site, and if so, describe; if not, explain.
- What wisdom about race would you want the people at your site to understand? (students, parents, staff)

QUESTION ROUND Three:

- Anything else?